NEW PALTZ CENTRAL SCHOOL DISTRICT

February 2019

Our Vision: students, staff, families, and community members are CITIZENS OF THE WORLD, PASSIONATE ABOUT LEARNING AND EMPOWERED to achieve their dreams.

Monday

Offered daily: skim,1%, strawberry skim (only MS,HS) and chocolate skim milk; all are antibiotic and BGH

We offer local fruits and vegetables.

(V) designates Vegetarian option. (P) designates Pork product. (N) designates New item. We offer whole wheat/whole grain products.

Tuesday

Wednesday

Thursday

Friday

If your family has been impacted by the government shutdown, your children may be eligible for free or reduced price meals while your income is suspended (which would remain in effect for the remainder of the school year.) A free/reduced meal application can be found on the Food Service Department page of the New Paltz school website.

6

13

20

Due to USDA regulations, students will be required to take a fruit or vegetable as part of their lunch meal

This organization is an equal opportunity provider and employer.

K-12 Stuffed Crust Pizza(V) **Romaine Salad Fruit Juice**

MS 6-8-National Tater Tot Day

Tuna Salad, HS Turkey Bacon Panini

K-12 General Tso Chicken **Asian Vegetables Asian Style Rice**

K-12 Bread Sticks (V) w/Sauce Mozzarella Sticks **Green Beans**

K-12 Grilled Cheese(V) Ham (P) Optional **Tomato Soup** French Fries

K-12 Soft Taco w/Cheese.Lettuce.Tomato **Steamed Carrots Refried Beans Mexican Rice**

K-12 Stuffed Crust Pizza(V) **Romaine Salad** Fruit Juice

Roast Beef, HS Chicken Ranch Panini

Chicken Salad, HS Chicken Ranch Panini

Egg Salad, HS Chicken Ranch Panini

Bologna+Cheese, HS Chicken Ranch Panini

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K-12 Chicken Tenders w/ Dipping Sauce **Steamed Carrots** Pasta Salad

K-12 Top Your Own Burger Alt. Veggie Burger (V) Lettuce. Tomato. Cheese **Baked Beans** French Fries

K-12 French Toast (V) Sausage (P)

Home Fries

K-12 Stuffed Crust Pizza(V) Romaine Salad Fruit Juice

Mid-Winter

Tuna Salad, HS Chicken Ranch Panini

Ham+Cheese, HS Philly Cheese Panini

Turkey Salad, HS Philly Cheese Panini

Egg Salad, HS Philly Cheese Panini

Sliced Turkey, HS Philly Cheese Panini

18



19

K-12 Bread Sticks (V) w/Sauce Mozzarella Sticks Italian Vegetables

K-12 Chicken Parm Hero Steamed Carrots French Fries

K-12 Nachos w/Cheese(V) w/Chili **Green Beans Refried Beans**

Mexican Rice

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14

K-12 Stuffed Crust Pizza(V) **Romaine Salad** Fruit Juice

Roast Beef, HS Mexican Chicken Panini

Egg Salad, HS Mexican Chicken Panini

Salami+Cheese, HS Mexican Chicken Panini

Tuna Salad, HS Mexican Chicken Panini

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K-12 Chicken Nuggets w/ Dipping Sauce Steamed Broccoli Pasta Salad

26

K-12 Rotini w/Sauce Mozzarella Sticks Tossed Salad Italian Vegetables

27

K-12 Diced Turkey w/ Gravy **Sweet Potatoes Brown Rice** Dinner Roll

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K-12 Meatball Stuffed Shells Winter Vegetables **Black Bean Salad** Garlic Bread



Ham+Cheese, HS Italian Combo Panini

Chicken Salad, HS Italian Combo Panini

Egg Salad, HS Italian Combo Panini

Bologna+Cheese, HS Italian Combo Panini