



Beverages, CRYSTAL GEYSER, non-carbonated, bottled, water

Select portion size: 1 bottle 500 ml = 500 g

Nutrition Facts

Portion Size 500 g

Amount Per Portion

Calories

0

% Daily Value *

Total Fat 0g 0 %

Sodium 5mg 0 %

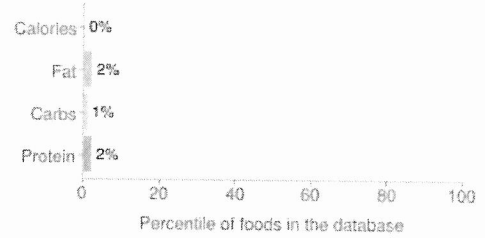
Total Carbohydrate 0g 0 %

Protein 0g 0 %

Calcium 15mg 1 %

Potassium 0mg 0 %

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2000 calories a day is used for general nutrition advice.



**Beverages, CRYSTAL GEYSER, non-carbonated, bottled, water nutrition facts and analysis per 1 bottle
500 ml (500 g)**

Minerals

Nutrient	Amount	DV
Calcium	15.00 mg	1 %
Fluoride	120.0 mcg	
Magnesium	0.00 mg	0 %
Potassium	0.00 mg	0 %
Sodium	5.00 mg	0 %

Carbohydrates

Nutrient	Amount	DV
Carbohydrate	0.00 g	0 %
Net carbs	0 g	

Fats and Fatty Acids

Nutrient	Amount	DV
Fat	0.000 g	0 %
Fatty acids, total trans	0.000 g	

Nutrient	Amount	DV
Ash	0.50 g	
Water	500.00 g	

Proteins and Aminoacids

Nutrient	Amount	DV
Protein	0.00 g	0 %

Beverages, CRYSTAL GEYSER, non-carbonated, bottled, water contains 0 calories per 500 g serving. This serving contains 0 g of fat, 0 g of protein and 0 g of carbohydrate. The latter is g sugar and g of dietary fiber, the rest is complex carbohydrate. Beverages, CRYSTAL GEYSER, non-carbonated, bottled, water contains g of saturated fat and mg of cholesterol per serving. 500 g of Beverages, CRYSTAL GEYSER, non-carbonated, bottled, water contains 15.00 mg of calcium. Beverages, CRYSTAL GEYSER, non-carbonated, bottled, water belong to 'Beverages' food category.

Food properties

Source	USDA Standard reference
Category	Beverages

Beverages, CRYSTAL GEYSER, non-carbonated, bottled, water nutrition facts and analysis.. Daily values are based on a 2000 calorie a day diet. Recommended daily intake of essential aminoacids is provided for 180 lbs person. Actual daily nutrient requirements might be different based on your age, gender, level of

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