

New Paltz Central High School



NEWSSHEET

npchs@newpaltz.k12.ny.us

November 2015

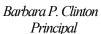
A Smoke Free Campus

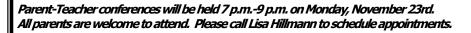
Dear Parents / Guardians:

The school year is moving along very quickly! Already the first ten weeks of school are over and plans are being made for spring events and even Graduation! Students are fully involved in clubs, sports, music and the arts! With the varied after school activities and academic support, the classrooms and gyms are busy places. Please check the websites for additional information and schedules.

As always, if you have any questions, please feel free to contact me at 256-4100. Sincerely,







On December 4th, the District will be sending out an invitation text message to those numbers in our system identified as a guardian cell phone number. We encourage you to reply with "Y" when you receive the invitation, so that you can receive important text messages from the District. The text will come from 68453.

During the week of October 26th, NPHS celebrated Red Ribbon Week with this year's theme "Respect Yourself." Be Drug Free." Started in 1988, Red Ribbon week brings new hope to raise awareness and begin imperative conversation about life choices and drug use. Drug addition and abuse makes us painfully aware of the destruction it can bring along with the loss of life. Activities for the week included a Red Ribbon bake sale with giveaways, "Wear Red Day," and a school-wide mural with the student generated theme, "TAKE CARE OF EACH OTHER NEW PALTZ. STAY CLEAN. BE SAFE." Dozens of hand-prints were added to the mural from both students and faculty sending the message to support each other in the choice to be drug-free. Peer Leadership/Education sponsored all activities along with dozens of volunteer students. Banners were created to decorate the main lower hallway with messaging to promote positive life choices including a life of sobriety.





Congratulations

Congratulations to the 2014-2015 Varsity Boys Soccer Team who was selected by the National Soccer Coaches Association of America as a 2014-2015 NSCAA Team Academic Award recipient.

Congratulations to Logan Linares for winning the For Paws of Ulster 5K on October 17th with a time of 20:26.

Congratulations to Ms. Antonia Woody who was selected as the Council of Administrators Zone Nine award recipient for 2015 for her outstanding leadership in the field of Health and Physical Education in the Catskill Zone.

Congratulations to the members of the NPHS Girls Swim Team who are the new 2015 Section IX Swim Champions: 200 Intermediate Medley Relay—Caroline Murphy, Morgane Kuyl, Kaela Santos and Abby Santos. Caroline Murphy—200 IM, 100 Backstroke and 50 Freestyle and Morgane Kuyl - 100 Breastroke.

October was Breast Cancer Awareness Month and The Interact Club hosted an event to benefit the American Cancer Society. The event was called "A Walk in Her Shoes" where 11 NPHS male teachers collected donations during lunches from students and staff throughout the month of October. For every ten dollars each collected, the teachers would walk one lap in front of the high school in women's shoes. The event took place on Tuesday November 3rd at 2:30 p.m. at the main entrance of the high school. The following teachers participated in raising \$240 for the American Cancer Society: Mr. Castro, Mr. Cook, Mr. Dolan, Mr. Espinosa, Mr. C. Foti, Mr. J. Foti, Mr. Gill, Mr. Knittel, Mr. Neden, Mr. Paley, and Mr. Shanley. Together they walked four to six laps around the bus loop with a large group of students and staff cheering them on. Afterwards, hot apple cider, donuts, apples and candy were enjoyed by all as the importance of finding a cure for breast cancer through awareness was discussed.



Upcoming Events

November 18

"Night in a Day"

Board of Education meeting—6:30 p.m.

November 20-21

Area All-State Festival

November 23

Parent/Teacher Conference –7 –9 p.m. **By appointment only** - Please call the High School Office to schedule.

November 24

Talent Show—7 p.m.

November 25

Superintendent's Day- NO STUDENTS

November 26, 27

Thanksgiving Holiday

December 1

World AIDS Day

December 2

Board of Education meeting—7 p.m.

December 3

Financial Aid Night—6:30 p.m.

December 3-6

NYSSMA All-State Conference

December 8

Commissioner of Education visit

December 10

Poetry Out Loud—2:30 p.m.

December 11

End of 15-week marking period Snow Ball—7:30-10 p.m.

December 16

Board of Education meeting—6:30 p.m.

December 17

Winter Concert—7:30 p.m.

December 24-January 3

Winter Recess



HIGH SCHOOL WEBSITE

At our high school website www.newpaltz.kl2.ny.us
you can access the Guidance web pages to keep informed about career information, college advisement, community service suggestions, pre-college checklist, senior calendar, scholarship bulletins, college related upcoming events, etc. Athletic events are online at our high school website: www.newpaltz.kl2.ny.us or ociaa.ouboces.org or you may listen to them by calling the SPORTS HOTLINE at: (845) 256-4045. This HOTLINE is updated regularly with information pertaining to games, meets and, if necessary, cancellations and re-scheduling.

SCHOOL CLOSINGS AND DELAYS

In addition to listening to the radio, you can find the closings/delays online at <u>cancellations</u>. <u>COM</u>, as well as on our district website, <u>www.newpaltz.k12.ny.us</u> after 6:00 a.m. You can still call our weather hotline at 256-4099 which is updated at 5:45 a.m.

Did You Know?

From The Nurse:



It's cold and flu season. There are no cold treatments, but there are things you can do to maintain a healthy immune system. Wash your hands, don't touch your face, exercise, eat a variety of veggies and fruits, don't smoke, avoid foods high in sugar, drink lots of water and get plenty of sleep.

This year's NYSSMA Zone 9 Area All-State Festival will take place November 20th and 21st at Suffern High School. Thirteen musicians from NPHS have been selected to perform in the ensembles at this festival. Students chosen to perform in the Band are: Chris Bravo—alto saxophone, Grace Holod—French Horn, and Elijah McKee—alto saxophone. Students chosen to perform in the Orchestra are: Madeline Finnegan—violin, Lexi Hamilton—viola, and Sarah LaCasse—violin. Students chosen to perform in the Mixed Chorus are: Justin Davis—bass, Mikal Kalus—soprano, and Jason Rober—bass. Students chosen to perform in the Women's Chorus are: Adriana Crimi—soprano, Caroline Joseph—alto, Samantha Kaplan—soprano and Caroline Schroer—soprano. These students will spend the weekend rehearsing with the best musicians in Zone 9. The festival will conclude with two concerts. Congratulations to all of the students selected!

Three of these students have also been selected to participate in the All-State Music Ensembles. These ensembles are the most selective in New York State. The NPHS students selected to perform at All-State are: Chris Bravo, Lexi Hamilton and Sarah LaCasse. They will be attending the NYSSMA All-State festival from December 3rd through December 6th.

On Tuesday, October 27th and Wednesday, October 28th, Peer Leaders/Educators from NPHS shared imperative lessons with the Health classes on Teen Dating Violence Prevention. Discussions were generated on dating/relationships, and qualities of healthy, flourishing relationships. Students involved all received hours of training and worked diligently to create an effective and valuable lesson for their peers because they BELIEVE IN MAKING A DIFFERENCE. Some stats that parents and students need to be aware of:

- One in three adolescents in the U.S. is a victim of physical, sexual, emotional or verbal abuse from a
 dating partner; a figure that far exceeds rates of other types of youth violence.
- One in ten high school students have been purposely hit, slapped or physically hurt by a boyfriend or girlfriend.
- Only 33% of teens who were in a violent relationship ever told anyone about the abuse.
 For further information, see Ms. Magnetico and the Guidance Counselors.

NPHS Talent Show

The NPHS Senior Class is sponsoring the Annual Talent Show on Tuesday, November 24th at 7:00 p.m. in the high school auditorium. Admission is \$7 or \$5 with a non-perishable food donation. All are welcome. Come and watch some of our high school students displaying their talents.

If you wish to support the district initiative to go paperless, please sign onto the Parent Portal at http://ps.newpaltz.k12.ny.us and click on the "Paperless" icon.

Please check the high school website for updated information.

PTSA NEWS

Everyone—parents, educators, students and community members—is invited to join our PTSA!

The next PTSA meeting is Monday, January 11th at 7:00 p.m. in the High School library



If you have any questions, please contact Stephanie Baker at stfbk@hvc.rr.com



* New Pailz High School...caring, connecting, and making a difference