

N P H S F R I D A Y M E S S A G E

THE OFFICIAL NEWSLETTER FOR FAMILIES

September 29, 2023



Happy Friday NPHS Students,

As we approach the 5-week progress report date, I want to emphasize the importance of staying on top of your studies and maintaining a strong academic focus. This is a crucial time to assess your progress, identify areas for improvement, and set a course for success in the upcoming months.

Here are some key points to keep in mind as we approach the progress report:

1. **Review Your Grades:** Take some time to review your grades and assignments in all of your classes. Are there any areas where you're excelling, or are there subjects that require more attention? Understanding your current standing is the first step towards improvement.
2. **Seek Help When Needed:** Don't hesitate to reach out to your teachers if you're struggling with any concepts or assignments. They are here to support you and provide guidance. Remember, asking for help is a sign of strength, not weakness.
3. **Time Management:** Good time management is essential for success. Make sure you have a study schedule that allows you to allocate sufficient time to each subject. Avoid procrastination and stay organized.
4. **Set Realistic Goals:** Set achievable academic goals for yourself for the rest of the semester. These goals will serve as a roadmap to help you track your progress and stay motivated.
5. **Use Available Resources:** Take advantage of the resources available to you, such as textbooks, online materials, and tutoring services. These resources can provide valuable support in your studies.
6. **Peer Support:** Reach out to your classmates for study groups and collaborative learning. Sometimes, discussing topics with peers can provide a fresh perspective and enhance your understanding.
7. **Self-Care:** Don't forget to take care of your physical and mental well-being. A balanced lifestyle that includes adequate sleep, nutrition, and relaxation is essential for academic success.

Remember that your education is a journey, and each day is an opportunity to learn and improve. The 5-week progress report is just one checkpoint on that journey. By staying dedicated, managing your time wisely, seeking help when needed, and maintaining a positive mindset, you can continue to excel academically. If you have any questions or concerns, please don't hesitate to reach out to your teachers, counselors, or any member of our school staff.

Sincerely,

Principal Simms

CONTENT

A Message From Principal Simms

Important Dates

Around NPHS

Important Dates

October 2- R.Y.A.N. Youth Rally Trip (all 9th graders)-attendance will count

October 5 & 6- Senior Picture Day

October 6- End of five week marking period

October 9- Indigenous People's Day (no school)

October 13- Pep Rally, Homecoming Game and Dance

PEER LEADERSHIP

Around NPHS

Peer Leadership and Mrs. Magnetico are so excited to have been awarded the Fall 2023 Educator Mini Grant Award by the Maya Gold Foundation this week! The \$500.00 award will help tremendously in continuing the "Teen a La Carte" program which supplies free school supplies, hygiene products, clothing and snacks to the school community. We are forever grateful to the Maya Gold Foundation for recognizing our program and for so generously supporting our work through this grant. Thank you so very much!

~Photo taken by Mathew Swerdloff from the Maya Gold Foundation

[Instagram Page](#)

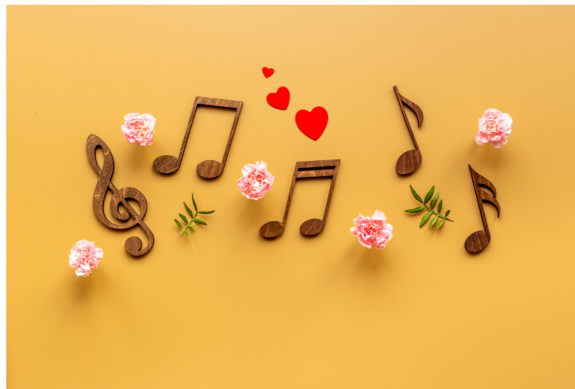


The Maya Gold Foundation presents New Paltz High School Teacher, Shannan Magnetico with the Educator Mini Grant Award for "Teen a La Cart" program



Congratulations to the following NPHS Music Department students who have been selected to participate in the NYSSMA Zone 9 Area All-State ensembles this November. The Area All-State ensembles consist of the top musicians in Zone 9 (Ulster, Orange, Sullivan, Rockland, and Greene Counties). We are so proud of our hard-working and talented students!

Melissa Adashko-Rein- Alto
Emily Bishop- Soprano
Josh Cotter- Bass Clarinet
Amelia Crisafi- Alto
Charlie DePoala- Tenor
Sam DePoala- Bass
Maggie DiDonna- Alto
Peter Dillehay- Bass
Thornton Eis- Trombone
Beckett Evans- Tenor
JP Fabella- Tenor (alternate)
Marla May Feeney- Alto
Jack Gates- Trombone
Loyal Goodermote- Trombone
Anna Guido- Alto
Sam Hollman- French Horn
Lukas Kallio- Oboe
Ana Kirsch- Alto
Nicholas Kutzin- Tenor
Quinn Oremus- Bass
Lizzie Roff- Soprano
Jenna Vasquez- Soprano
Willa Voorhis- Soprano
Aili Zissu- Alto



PSAT (10TH AND 11TH GRADERS)

In preparation for the October 17, 2023 Digital College Board's PSAT, please note that all registrations and payments are taking place through Total Registration. Students can register and pay for the PSAT here:

REGISTER by Friday October 6th (no registrations after)

PRACTICE

If your child is interested in a PSAT practice test and sample questions, please go to College Board:

<https://collegereadiness.collegeboard.org/psat-nmsqt-psat-10/practice>

<https://collegereadiness.collegeboard.org/psat-nmsqt-psat-10/practice/full-length-practice-tests>

TESTING ACCOMMODATIONS

The PSAT is designed as a practice test to the SAT. It is not mandatory to take the PSAT and the score is not part of a student's official SAT scores. If your child has College Board approved testing accommodations, please be sure to enter their SSD number during registration. Get the SSD Form [Here](#) . If you encounter any concerns about this, please email April Miller at amiller@newpaltz.k12.ny.us or Cindy Velez at cvelez@newpaltz.k12.ny.us.



COLLEGE VISITS

Skidmore College		Mon October 2, 2023
American University		Mon October 2, 2023
Maryland Institute College of Art		Tue October 3, 2023
Rensselaer Polytechnic Institute		Tue October 3, 2023
Endicott College		Tue October 3, 2023
College of Mount Saint Vincent		Tue October 3, 2023
SUNY College at Plattsburgh		Wed October 4, 2023
Clarkson University		Wed October 4, 2023
Hobart William Smith Colleges		Wed October 4, 2023
College of the Holy Cross		Wed October 4, 2023
Iona University		Thu October 5, 2023
Manhattanville College		Thu October 5, 2023
Boston University	Fri October 6, 2023	



The PTSA supports a variety of events & activities including:
Scholarships for Graduating Seniors
Orientation and Open House
HS Staff & Transportation Appreciation
Graduation Reception
Field Trips
College Planning & Parent Education Events
Social Emotional & Wellness Activities

Join & Donate



Volunteer



Connect



2023-2024 Meeting

All meetings start at 7pm at the HS Library

Thursday, 9/28

Thursday, 11/30

Thursday, 1/25

Thursday, 3/14

Thursday, 5/23

The NPHS PTSA aims to strengthen the connections between students, parents, the community and schools.



ATHLETICS

New Paltz Girls Varsity Volleyball visited Saugerties on 9/28. New Paltz won in 3 sets.

25-23

25-17

25-11

Players of the Game

Piper Casey - 10 kills, 2 blocks, 3 aces, 1 dig

Georgia Schultz - 3 kills, 5 blocks

Gabby Lutz - 4 kills, 4 aces, 5 digs

Daphne Paul-LaRonca - 3 aces, 8 digs

**CONGRATS TO JV GIRLS
VOLLEYBALL ON THEIR WIN
AGAINST SAUGERTIES TOO!**

